



**MASTIN DOJO**

# FEBRUARY 2015

MastinKarate.Com

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 <i>Fitness</i>	2 Word of the Month: <i>Caring</i>	3 	4 <i>New Class Time</i>	5	6	7
8 <b>Basics</b>	9	10 	11	12	13	14 <b>Happy Valentine's Day</b> 
15 <b>Kumite</b>	16 BRING YOUR FRIENDS	17 	18	19	20	21
22 <b>Kata</b>	23	24 	25	26	27	28

I would like to thank all of the students that participated in the Dave Williams Memorial training.

**NEW WEDNESDAY NIGHT TIME CHANGE FOR THE ADULT CLASS.**  
**(A COPY OF THE SCHEDULE IS ON THE BACK)**



**Matsubayashi-ryu -Mastin Dojo**  
**Mastin Karate**  
**Silverton Dojo Schedule**



Program	Rank or Level	Monday	Tuesday	Wednesday	Thursday	Saturday
Little Ninja Skills & Drills program	White -Yellow Belt	5:45pm-6:25pm				9:30am-10:10am
Ages 4-6 years old	Orange - Green Belt I	5:45pm-6:25pm				9:30am-10:10am
Junior Program	White -Blue Belt	6:30pm-7:15pm	6:00pm-6:30pm	6:00pm-6:45pm		10:15am -11:00pm
Ages 7-12 years old	Green I - Black Belt	6:30pm-7:15pm	7:00pm-7:45pm	6:00pm-6:45pm		10:15am -11:00pm
Adult Program	White -Blue Belt	7:20pm-8:20pm	6:00pm-6:30pm	6:50-8:00pm		8:30am - 9:30am
Ages 13 & up	Green I - Black Belt	7:20pm-8:20pm	7:00pm-7:45pm	6:50-8:00pm		8:30am - 9:30am
Blackbelt Class	Brown Belt I & UP		7:45pm-8:15pm			
Weapons Training	Beginner weapons		6:30pm			
Private Lessons/ Sparring	Must be scheduled	5:00pm		5:00pm		11:15am
						Begins 2-4-15

\*\*\* New Wednesday night Adult class time.