

JULY

MASTIN DOJO

6931 Plainfield Road
Cincinnati, Ohio
45236



We create Champion Individuals!

Schedule of Events

Bo is the weapon on the month.

Please make sure to bring your Bo to class.

The Dojo is closed on July 4th and 5th. Please have a safe holiday.

We would like to remember O'Sensei Shoshin Nagamine on his Birthday July 15th 1907- November 2nd 1997

News

June was a busy month. Karate Camp was a lot of fun and learning. Thank you to the Campers for making it a success.

We began our first ever "Yoga @ the Dojo" Program. Everyone should try this class. Kathy is doing a great job.

The new T-shirts are in. 2 new designs.

Sensei Mitchell training was a lot of fun. Thank you.

We have a new schedule coming soon.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Fitness		1	2	3	4 Dojo Closed	5
6 Kata	7	8	9 BRING YOUR FRIENDS	10	11	12
13 Kumite	14 	15 Remembering O'Sensei Shoshin Nagamine's Birthday	16	17	18	19
20 Basics	21	22	23	24	25	26
27 Fitness	28	29	30	31	AUGUST 1	2

July 9th
Bring your Friend to try a free class.

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