



# NOVEMBER 2013

MastinKarate.Com



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Kata			Word of the Month:  Thanks		1 	2 Remember O'Sensei Nagamine on this day. 11-2-1997
3 Basics	4	5 	6 CHALLENGE #11 BEGINS 	7	8  6:00pm-8:15pm	9 OKINAWA RECAP AND 2014 PLANNING All Students are welcome 11:30am
10 Kumite	11	12 	13	14	15  <u>Blackbelt Seminar</u> 6:00pm-8:30pm Blackbelt meeting	16
17 Fitness Week	18	19 	20 BRING YOUR FRIENDS	21	22	23
24 Kata	25	26 	27 Happy Thanksgiving Dojo Closed	28 	29	30 Happy Thanksgiving Dojo Closed

Read the Back!

## Monthly Highlights

Remembering O'Sensei Shoshin Nagamine who passed away November 2<sup>nd</sup> 1997

NOVEMBER 6<sup>TH</sup> CHALLENGE #11 BEGINS



**Class Friday, November 8<sup>th</sup> from 6:00pm – 8:15pm**

**OKINAWA RECAP AND 2014 PLANNING Saturday November 9<sup>th</sup>** All Students are welcome 11:30am

We will be discussing the latest trip to Okinawa. We are going to begin planning the 2014 Trip the is scheduled for October 31<sup>st</sup> 2014



**Blackbelt Seminar is November 15<sup>th</sup> from 6:00-8:30pm**

**Bring your Friends November 20<sup>th</sup>**



**Happy Thanksgiving.**

**The Dojo is closed on Wednesday November 27<sup>th</sup> and Saturday November 30<sup>th</sup>**