



Mastin Dojo Schedule

Program	Rank or Level	Monday	Tuesday	Wednesday	Thursday	Saturday
Little Ninja Program	White -Yellow Belt	5:45pm-6:25pm				9:30am-10:10am
Ages 4-6 years old	Orange - Green Belt I	5:45pm-6:25pm				9:30am-10:10am

Junior Program	White -Blue Belt	6:30pm-7:15pm	6:00pm-6:30pm		6:30pm-7:45pm	10:15am -11:00pm
Ages 7-12 years old	Green I - Black Belt	6:30pm-7:15pm	6:00pm-6:45pm		6:30pm-7:45pm	10:15am -11:00pm

New Times

Adult Program	White -Blue Belt	6:30pm-7:45pm	6:00pm-6:45pm		6:30pm-7:45pm	8:30am- 9:25am
Ages 13 & up	Green I - Black Belt	6:30pm-7:45pm	6:00pm-6:45pm		6:30pm-7:45pm	8:30am- 9:25am
Advanced Class	Brown Belt I & UP		6:45pm-7:40pm			
EXTREME CLASS	ALL AGES / RANK			6:00pm-7:15pm		

Weapons Training	Green I - Black Belt		7:40pm-8:20pm			
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Private Lessons/ Sparring	Must be scheduled	5:00pm		5:00pm		11:15am
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Effective 1/2/2018

Black Belt classes will be quarterly

Please see school reminders and contact information on the back of this schedule

School Reminders

Parents please pick your children up upon completion of the class

Please arrive 5-10 minutes prior to class time

Please wash your gi (DON'T LEAVE GI'S AT THE DOJO)

If you're late, be sure to bow in before participating with class activity

Place shoes and other belongings in the Changing room

When straightening your gi, always turn around and face the back of the class

Everyone bow when entering or leaving the training floor

Do not talk or be disruptive when your instructor is teaching

Bring your pads to class

USE DEODORANT

Please keep the noise level down in the lobby and changing rooms

Juniors please come dressed in clean gi - place belongings in the locker room

Rank: Does not confer privilege or power. It imposes responsibility!

Consistency: Should be your number one objective. Consistency will beat out talent every time.

Always be respectful of your Sensei or Senior Student

Never argue or make excuses for mistakes

Turn in your card, line up quickly in order of Rank

Always try to look interested and alert

Please don't bring pop or food into the school (only water)

Never use your skills to settle disputes

Be responsible for your words and actions

keep your nails trimmed

www.mastinkarate.com

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Mastin Dojo

You 

