AUGUST 2017

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
BUNKAI AND YAKUSOKU KUMITE		1	2 *HAPPY* BIRTHDAY! Noah R.	3	4	5
6 Kata	7	8	9 *HAPPY* BIRTHDAY! Don P.	HAPPY* BIRTHDAY! James	11	8/12/1945 Remembering Soke Nagamine On his date of birth
Self Defense	14	BRING YOUR FRIENDS	16	17	18	19
Kumite	21	22	23	24	25 HAPPY* BIRTHDAY! Hayes	Black Belt Review 11:15am-1:15pm
Fitness & Footwork	28	29	30	31	September 1	2 Dojo Closed

Monthly Highlights

We would like to remember Soke Nagamine on his Birthday August 12th 1945

Black Belt Review 11:15am-1:15pm
All Blackbelts are encouraged to attend this event. The cost is \$20.00



Thank you to those that supported our special training with Danjo Sensei

Dojo is closed on Saturday September 2nd and Monday 4th 8 Please have a safe holiday?

Be sure to Check out our website:

www.mastinkarate.com





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