# JULY 2017 MastinKarate.Com



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Fitness & Footwork		WE ARE GOING STRONG IN OUR EXTREME AND SELF DEFENSE CLASSES COME TRY A CLASS	EXTREME	self defense	Special Class 6:15pm-8:15pm	Special Class 10:15am-12:15pm NO MORNING CLASSES
2 Kata	3 *Happy* Birthday! Cy & Dar Dojo Closed	July 4 <sup>th</sup> Dojo Closed	BRING YOUR FRIENDS	6	7	8
9 Self Defense	BIRTHDAY! Sempai Wands	11	12	13	14	BELT TEST 11:15AM  Remembering O'Sensei Shoshin Nagamine's Birthday
Kumite	17	18	19	20	21	22
Basics and Blocking	24	25 BIRTHDAY! Will	26	27	28	29
30 BUNKAI AND YAKUSOKU KUMITE	31	August 1 <sup>st</sup>	2 *HAPPY* BIRTHDAY! NOAH R.	3	4	5

## **Monthly Highlights**

## Dojo is closed on Monday July 3rd and Tuesday 4th 8 .... Please have a safe holiday



We would like to remember O'Sensei Shoshin Nagamine on his Birthday July 15th 1907-November 2nd 1997



Special Training Days

We are honored to have a special guest instructor.

Sensei Yuichi Danjo, Kyoshi, 7th dan from the Kodokan Osaka Dojo in Japan

NO MORNING ADULT OR NINJA CLASS.

All Adult karate students and Junior karate students may attend this special training event. Special Class times: Friday June 30<sup>th</sup> 6:15pm – 8:15pm and Saturday July 1<sup>st</sup> 10:15am -12:15pm

#### **BELT TEST 11:15AM**

Little Ninja TEST 11:15am JR and Adult Testing begins at noon



### Be sure to Check out our website:

www.mastinkarate.com





