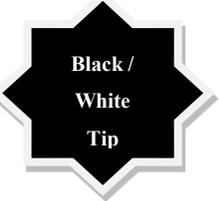
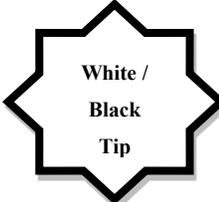




# Mastin's School of Martial Arts March 2011

This is month 3 of our kata challenge. How many kata have you done correctly? \_\_\_\_\_

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	Weapon of the month is BO  Word of the Month: Love	1 <b>ALL Fathers WHO ARE NOT CURRENT STUDENTS MAY TRAIN FOR FREE THIS MONTH!</b>	2	3	4	5 <b>Blackbelt Class</b> 
6 	7	8	9 <b>Kyoshi Trombley to visit Silverton</b>	10 <b>Kyoshi Trombley to visit Anderson</b>	11 <b>Kyoshi Trombley Comp/ workout 6-8pm</b>	12 <b>Kyoshi Trombley / PROMOTION TEST</b> <small>(see back for times)</small>
13 	14	15	16	<b>Happy St. Patrick's Day</b> 	18	19
20 	21	22	23	24	25 <b>Comp 6-730pm</b>	26
27 	28	29	30	31 Kata Challenge ends  TOTAL : _____		

Read the Back!

The Schools are now color coded. Events held at **Silverton** are in **Blue**, **Anderson- Green** and **Western Hills - Purple**.

**Silverton**

**Anderson**

**Western Hills**

**March 9<sup>th</sup> – 12<sup>th</sup>, Kyoshi Steve Trombley will be teaching. Wednesday @ Silverton, Thursday @ Anderson, Friday from 6-8pm Comp practice will be combined with a Seminar style format. All are encouraged to attend. He will also be teaching Saturday morning classes and sit on the promotion board. Please show your support. Thank you, Sensei**

Promotion Test at the Silverton Dojo March 12<sup>th</sup>.

Little Ninjas 12:30pm

Juniors 2:30pm

Adults 4:00pm

Remember the Kata Challenge ends March 31<sup>st</sup>. How many kata can you do (correctly)?

### **Special Announcement:**

We will be bringing Soke Nagamine to teach at the dojo and a Midwest Seminar for the United States.

SOKE NAGAMINE will be teaching at the Silverton Dojo Wednesday July 13<sup>th</sup>, 14<sup>th</sup> and 15<sup>th</sup> and we will be hosting the Midwest Seminar at the Anderson Healthplex on Saturday July 16<sup>th</sup> with Dan grading following the seminar.

All students should attend this event.

This means a lot to Sensei that all support this event!



SENSEI TAKAYOSHI NAGAMINE

Heavy weight Gi Sale \$70.00