

Mastin's School of Martial Arts October 2011

S	un	Mon	Tues	Wed	Thurs	Fri	Sat
			Word of the Month: remembrance				1
² White Blace		3	4	5	6	7	8 SPARRING DAY
9	Red / Yellow	10	11	12	13	14	15 Parents Night Out Halloween Party.
			KATA WEEK				6:00-8:00pm Wear your costume
	low / ed	17	18	19 BRING YOUR FRIENDS	20	21	22
23 Gree	en / ue	24	25	26	27	28 KICKATHON Kicks off 6:30pm	29
	lue / reen	31 Happy Halloween DOJO CLOSED	Nov. 1	2	3	4	5

Read the Back!



I want to thank everyone for all of the kindness and support during the passing of Sensei Mitchell.

October 8th is sparring day at the Dojo and Western Hills bring your pads.

October 10th – 15th is Kata week. We are going to focus on kata and repetition of kata in each class. Study up on your bunkai.

October 15th is Parents Night out. Everyone is invited. It is held at the Silverton Dojo from 6-8pm Wear your costume. The cost is \$10.00 per person. Your friends may attend.

October 19th is bring your friend night.

On October 28th @ 6:30pm we are starting our Kickathon. The event is to raise money for one of our students that recently had a string of unfortunate events and lost his truck, couch, bed, TV and incurred additional losses. We would like to donate to our Student, friend and brother in the martial arts. We will also use this event as a fund raiser to begin the process of replacing the floor at the dojo. Your support is appreciated. From 6:30pm -7:45pm, we will see how many kicks you can do. Get the kickathon sheets to participate.

October 31st the dojo is closed.