



# OCTOBER 2013

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Kata		1  Mrs. Patricia 	2 Word of the Month: <b>Safety</b>	3 <b>No Class</b>	4	5 <b>CHALLENGE #10 BEGINS</b> 
6 <b>Basics</b>	7	8 <b>No Class</b>	9 Junior 6:30pm Adult 7:20pm	10 <b>No Class</b>	11	12 <b>Regular Class times</b>
13 <b>Kumite</b>	14 Ninja/ Junior 6:30pm Adult 7:20pm	15 <b>No Class</b>	16 Junior 6:30pm Adult 7:20pm	17 <b>No Class</b>	18	19 <b>Regular Class times</b>
20 <b>Fitness Week</b>	21 Ninja/ Junior 6:30pm Adult 7:20pm	22 <b>No Class</b>	23 Junior 6:30pm Adult 7:20pm	24 <b>No Class</b>	25	26 Parents Night Out Halloween Party. 4:00-6:00pm Wear your costume
22 <b>Kata</b>	28	29 	30 <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>BRING YOUR FRIENDS</b> </div>	31  <b>No Class Happy Halloween</b>	Nov 1 <sup>st</sup> . 	2 <sup>nd</sup> Remember O'Sensei Nagamine on this day. 11-2-1997

Read the Back!

## Monthly Highlights



PLEASE NOTE 2 IMPORTANT CHANGES FOR OCTOBER

#1 Thursday night classes are being postponed until further notice.

#2 TEMPORARY SCHEDULE CHANGE IS IN EFFECT WHILE SENSEI, MRS.PATRICIA & ASSISTANT INSTRUCTOR TEAM IS IN OKINAWA.

October 1<sup>st</sup>, Happy Birthday Mrs. Patricia

OCTOBER 5<sup>TH</sup> CHALLENGE #10 BEGINS



PARENTS NIGHT OUT / DOJO PARTY IS OCTOBER 26<sup>TH</sup> FROM 4-6:00PM  
COST IS \$10.00 AND INCLUDES PIZZA AND FUN

Bring your Friends October 30<sup>th</sup>

October 8<sup>th</sup> – 23<sup>rd</sup> condensed schedule.

Please make note of special day and class time changes.

Thank you for your understanding and support.

It is important that Sensei Mastin travels to Okinawa.

Monday (October 14<sup>th</sup> & 21<sup>st</sup>) Combined Ninja /Jr. Class 6:30pm & Adults 7:20pm

Tuesday (October 8th, 15th and 22<sup>nd</sup>) **NO CLASS**

Wednesday (October 9<sup>th</sup>, 16<sup>th</sup> & 23<sup>rd</sup>) Jr. Class 6:30pm & Adults 7:20pm

Saturday Classes will be held at the regular times.