



# Mastin Dojo Schedule

Program	Rank or Level	Tuesday	Wednesday	Thursday	Saturday
<b>Little Ninja Program</b>	White -Yellow Belt		5:45pm-6:25pm		10:35am-11:15am
Ages 4-6 years old	Orange - Green Belt I		5:45pm-6:25pm		10:35am-11:15am
<b>Junior Program</b>	White -Blue Belt	6:00pm-6:30pm	6:30pm-7:15pm	6:30pm-7:45pm	9:45am -10:30pm
Ages 7-12 years old	Green I - Black Belt	6:00pm-6:45pm	6:30pm-7:15pm	6:30pm-7:45pm	9:45am -10:30pm
<b>Adult Program</b>	White -Blue Belt	6:00pm-6:45pm	6:30pm-7:45pm	6:30pm-7:45pm	8:30am- 9:40am
Ages 13 & up	Green I - Black Belt	6:00pm-6:45pm	6:30pm-7:45pm	6:30pm-7:45pm	8:30am- 9:40am
<b>Advanced Class</b>	Brown Belt I & UP	6:45pm-7:40pm	6:30pm-7:45pm		
<b>Weapons Training</b>	Green I - Black Belt	7:40pm-8:20pm			
<b>Private Lessons/ Sparring</b>	Must be scheduled		5:00pm		11:15am

5/12/2018

**Black Belt classes will be quarterly**

\*\*\*Counts as 2 classes

Please see school reminders and contact information on the back of this schedule

New class times begin May 12th

### School Reminders

Parents please pick your children up upon completion of the class

Please arrive 5-10 minutes prior to class time

Please wash your gi (DON'T LEAVE GI'S AT THE DOJO )

If you're late, be sure to bow in before participating with class activity

Place shoes and other belongings in the Changing room

When straightening your gi, always turn around and face the back of the class

Everyone bow when entering or leaving the training floor

Do not talk or be disruptive when your instructor is teaching

Bring your pads to class

USE DEODORANT

Please keep the noise level down in the lobby and changing rooms

Juniors please come dressed in clean gi - place belongings in the locker room

Rank: Does not confer privilege or power. It imposes responsibility!

Consistency: Should be your number one objective. Consistency will beat out talent every time.

Always be respectful of your Sensei or Senior Student

Never argue or make excuses for mistakes

Turn in your card, line up quickly in order of Rank

Always try to look interested and alert

Please don't bring pop or food into the school (only water)

Never use your skills to settle disputes

Be responsible for your words and actions

keep your nails trimmed

Phone: 513-265-5484  
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[www.mastinkarate.com](http://www.mastinkarate.com)

**Mastin Dojo**

You  Tube

