

JULY 2018



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 Fitness & Footwork	2 ORDER YOUR TSHIRTS	3 ★HAPPY★ BIRTHDAY! Cy & Dar 	4 July 4 th Dojo Closed 	5 BRING A FRIEND	6	7
8 Review Week	9	10 ★HAPPY★ BIRTHDAY! Mr. Wands 	11	12	13	14 BRING A FRIEND
15  Remembering O'Sensei Shoshin Nagamine's Birthday	16 Review Week	17 	18	19	20	21  BELT TEST 11:15AM
22 KATA	23	24 	25 ★HAPPY★ BIRTHDAY! Will	26	27	28
29 BUNKAI AND YAKUSOKU KUMITE	30	31 	August 1 st	2	3	4

Monthly Highlights

Dojo is closed on July 4th ... Please have a safe holiday!



We would like to remember O'Sensei Shoshin Nagamine on his Birthday July 15th 1907-November 2nd 1997



Thank you to everyone that attended the workout with Danjo Sensei



BELT TEST 11:15AM JULY 21ST

Be sure to Check out our website:

www.mastinkarate.com



Mastin Dojo



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