## AUGUST 2018

## Mastin Karate. Com



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
BUNKAI AND YAKUSOKU KUMITE			1	2	3	4
5 KATA	6	7	8 BRING A FRIEND	9	10  *HAPPY* BIRTHDAY!  James	11
8/12/1945 Remembering Soke Nagamine On his date of birth	13 Self Defense	14	15	BRING A FRIEND	17	18
Kumite	Black Belt 6:00pm-8:15pm	21	22 *HAPPY* BIRTHDAY! Quincy	23	24	25
Fitness & Footwork	27	28	29	30	31	September 1 <sup>st</sup> Dojo Closed

## **Monthly Highlights**

We would like to remember Soke Nagamine on his Birthday August 12th 1945

Black Belt Class
Monday August 20<sup>th</sup> from 6:00pm -8:15pm. All lk Kyu (Brown III and up) The cost is \$20.00
Please bring your Sai

Dojo is closed on Saturday September 1st for Labor Day Weekend.... Please have a safe holiday?

Be sure to Check out our website:

www.mastinkarate.com





