

# MAY 2019

Change your life today!



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Est. 1996

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Basics & Bunkai	Word of the Month: HONOR	ORDER YOUR TSHIRTS FOR CLASS	1	2	3 ★HAPPY BIRTHDAY! Jeff R.	4 
5 KATA	6	7	All mothers train for <i>free</i> this month in honor of Mother's day			11 DOJO CLEAN UP AND MEETING
12 	13 Fitness & Footwork	14	15 ★HAPPY BIRTHDAY! Jhenea	16 	17	18
19 Kumite	20	21 Night of the Nunchaku	22 ★HAPPY BIRTHDAY! Kenton	23	24	25 NO CLASS
26 Self Defense	27 ★HAPPY BIRTHDAY! MOM	28	29	30 ★HAPPY BIRTHDAY! Remembering Sensei Mitchell	31	June 1st

Read the Back!

All mothers that are not currently students train for *free* this month in honor of Mother's Day

**DOJO CLEAN-UP and (follow up) meeting - May 11<sup>th</sup> after kids class. Pizza will be provided**

**Night of the Nunchaku: All classes will use nunchaku. Please bring your weapons If you have them. See Sensei if you would like to order a pair.**



**Remember to register before May 15<sup>th</sup> if you are planning on attending the Arakaki Sensei Seminar in Belleville, Illinois September 20<sup>th</sup> and 21<sup>st</sup>**

**No class on May 25<sup>th</sup>**

**Did you know that we recently won an award for one of the tops schools?**

**Be sure to Check out our website:**

[www.mastinkarate.com](http://www.mastinkarate.com)



**Mastin Dojo**

A graphic for an award titled "Expertise Best Martial Arts Teachers in Cincinnati 2019". It features a laurel wreath and a central emblem.

**We Looked at 92 Martial Arts Teachers serving Cincinnati and Picked the Top 19**

**Why These Martial Arts Teachers?**

Our goal is to connect people with the best local experts. We scored martial arts teachers on more than 25 variables across five categories, and analysed the results to give you a hand-picked list of the best martial arts teachers in Cincinnati, OH.

**Mastin Dojo**

Mastin Dojo in Cincinnati, Ohio was established in December of 1995. Several of the founders and programs have the martial arts sensei rank and have been in the martial arts industry for many years. Our classes are a mix of martial arts, self-defense, and fitness programs. We are proud to be a part of the Cincinnati community and we are committed to providing the best martial arts education to our students.

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