

# June 2019

Change your life today!



MASTINKARATE.com

Est. 1996

## Mastin Dojo

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Self Defense	Word of the Month: <b>Gratitude</b>		THE NEW DOJO HAND PADS ARE HERE. ORDER YOURS TODAY			1
2 <b>Kumite</b>	3	4	5	6	7	8
All Father's train for <i>free</i> this month in honor of Father's Day						
9 <b>Fitness &amp; Footwork</b>	10	11	12	13	14	15
16 	17 <b>Basics &amp; Bunkai</b>	18	19	20	21	22
23/30 <b>KATA</b>	24	25	26	27	28	29

Read the Back!

All fathers that are not currently students train for *free* this month in honor of Father's Day

Remember to register before May 15<sup>th</sup> if you are planning on attending the Arakaki Sensei Seminar in Belleville, Illinois September 20<sup>th</sup> and 21<sup>st</sup>



The new dojo sparring gloves and wrist bands are in. Order yours today.

Did you know that we recently won an award for one of the tops schools?



We Looked at 92 Martial Arts Teachers serving Cincinnati and Picked the Top 19

**Why These Martial Arts Teachers?**

Our goal is to connect people with the best local experts. We scored martial arts teachers on more than 25 variables across five categories, and analyzed the results to give you a hand-picked list of the best martial arts teachers in Cincinnati, OH.

**Be sure to Check out our website:**

[www.mastinkarate.com](http://www.mastinkarate.com)



Mastin Dojo



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