

JULY 2019








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Mastin Dojo

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Fitness & Footwork	1 ORDER YOUR TSHIRTS	2 	3 ★HAPPY BIRTHDAY! Cy & Dar Dojo Closed 	4 July 4 th Dojo Closed	5	6
7 Fitness & Footwork	8	9 	10 ★HAPPY BIRTHDAY! Mr. Wands	11	12	13 BRING A FRIEND
14 Kumite	15  Remembering O'Sensei Shoshin Nagamine's Birthday	16 	17	18	19	20
21 KATA	22	23 	24	25 ★HAPPY BIRTHDAY! Will	26	27
28 BUNKAI AND YAKUSOKU KUMITE	29	30 	31			

Monthly Highlights

Dojo is closed on July 3rd and 4th ... Please have a safe holiday!



We would like to remember O'Sensei Shoshin Nagamine on his Birthday July 15th 1907-November 2nd 1997



Remember to register before May 15th if you are planning on attending the Arakaki Sensei Seminar in Belleville, Illinois September 20th and 21st



The new dojo sparring gloves and wrist bands are in. Order yours today.

Did you know that we recently won an award for one of the tops schools?



Be sure to Check out our website:

www.mastinkarate.com



Mastin Dojo



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