


# NOVEMBER 2019

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MASTINKARATE.com

Est. 1996

| Sun                         | Mon | Tues   | Wed                                     | Thurs  | Fri                                     | Sat   |
|-----------------------------|-----|--|---|--|---|---|
| Kumite                      |     |  |   |  | 1                                       | 2 <br>Remember O'Sensei Nagamine on this day.<br>11-2-1997 |
| 3<br>KATA                   | 4   | 5<br>★HAPPY★<br>BIRTHDAY!<br>Kayla  | 6                                       | 7  | 8                                       | 9<br>★HAPPY★<br>BIRTHDAY!<br>Silpa  |
| 10<br>Basics<br>&<br>Bunkai | 11  | 12<br>                              | 13<br>BRING YOUR FRIENDS                | 14   | 15                                      | 16  |
| 17<br>KATA                  | 18  | 19<br>                            | 20                                      | 21<br>★HAPPY★<br>BIRTHDAY!<br>Lora   | 22                                      | 23  |
| 24<br>Self Defense          | 25  | 26<br>                            | 27<br>Happy Thanksgiving<br>Dojo Closed | 28<br>Happy Thanksgiving<br>Dojo Closed<br><br><i>We wish you and your family a<br/>Happy Thanksgiving!</i> | 29<br>Happy Thanksgiving<br>Dojo Closed | 30<br>Happy Thanksgiving<br>Dojo Closed   |

## Monthly Highlights



**Great Job to those that completed the 100 kata challenge**

Remembering O'Sensei Shoshin Nagamine who passed away November 2<sup>nd</sup>, 1997

**★HAPPY★  
BIRTHDAY!** Kayla, Silpa, Lora

**Happy Thanksgiving**  
**The Dojo is closed on Wednesday November 27<sup>th</sup> - Saturday November 30<sup>th</sup>**



**PLEASE HELP OUR DOJO GROW. SPREAD THE WORD. IF YOU HAVE ANY IDEAS TO HELP OUR SCHOOL GROW PLEASE LET MRS. KATIE OR MRS. PATRICIA KNOW.**

**Be sure to Check out our website:**

[www.mastinkarate.com](http://www.mastinkarate.com)



**Mastin Dojo**



Phone: 513-265-5484  
Cell: 513-265-2340  
E-mail: [mastinkarate@gmail.com](mailto:mastinkarate@gmail.com)