



# January 2020

Create your Harmony  
The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Fitness			1 <i>Happy New Year</i>	2	3	4 <b>1<sup>st</sup> Day of Training</b>
Kata	6  <b>1<sup>st</sup> Tai Chi Class</b> 6:30pm	7 Remembering Linda Gober. (Mrs. Patricia's Mother) <b>Happy Birthday</b> 	8 <b>HAPPY BIRTHDAY!</b> <b>Jesse</b>	9	10	11
Kumite	13	14 	15 <div style="border: 1px solid black; padding: 2px; text-align: center;"><b>BRING YOUR FRIENDS</b></div>	16	17	18
Self Defense	20	21 	22 <b>HAPPY BIRTHDAY!</b> <b>Jeff P.</b> <b>HAPPY BIRTHDAY!</b> <b>Connor</b>	23	24	25  Seminar 11:15am-1:15pm
Bunkai & Basics	27	28 	29	30	31	<b>February 1st</b>

Read the Back!

## Monthly Highlights

HAPPY NEW YEAR

Classes for the dojo start back January 4<sup>th</sup>



1<sup>st</sup> Tai Chi Class 6:30pm January 6<sup>th</sup>

★HAPPY★  
BIRTHDAY!

Jesse, Jeff P, Connor

We will be having a special seminar in honor of Dave Williams. January 25<sup>th</sup> from 11:15am – 1:15pm  
Please help join us for this special Remembrance workout. Please bring a \$10.00 donation for this event.

**PLEASE HELP OUR DOJO GROW. SPREAD THE WORD. IF YOU HAVE ANY IDEAS TO HELP OUR SCHOOL GROW PLEASE LET MRS. KATIE OR MRS. PATRICIA KNOW.**

Be sure to Check out our website:

[www.mastinkarate.com](http://www.mastinkarate.com)



Mastin Dojo



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