## **February 2022**

Create your Harmony
The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	3 Adults and ZOOM 6pm	4	5 Adults 8:30am Kids 9:30am
6	7 Open Class 6pm Tai Chi 6:45pm	8 Kids 5:45pm Adults 6:45pm  Remembering Silpa	9 BIRTHDAY! Christine All ages / rank 6pm Adult (continues) From 6:45pm	Adults and ZOOM 6pm	11	12 Adults 8:30am Kids 9:30am
WHODEY IS A STATE OF MIND	Open Class 6pm Tai Chi 6:45pm	Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	Adults and ZOOM 6pm	18	Adults 8:30am Kids 9:30am
20	Open Class 6pm Tai Chi 6:45pm	Kids 5:45pm Adults 6:45pm	23 All ages / rank 6pm Adult (continues) From 6:45pm	Adults and ZOOM 6pm	25	Adults 8:30am Kids 9:30am
*HAPPY* BIRTHDAY! Gabriella	Open Class 6pm Tai Chi 6:45pm	March 1 <sup>st</sup> Kids 5:45pm  Adults 6:45pm	2 All ages / rank 6pm Adult (continues) From 6:45pm	3 Adults and ZOOM 6pm	4	5 Adults 8:30am Kids 9:30am

Read the Back!

## **Monthly Highlights**



Remembering Silpa who passed away last February 8th



## Be sure to Check out our website:

www.mastinkarate.com







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