June 2022

Create your Harmony
The Nagamine Way



Mastinkarate.com

All Father's train for *free* this month in honor of Father's Day

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			Summer Challenge #1 Begins All ages / rank 6pm Adult (continues) From 6:45pm	Tai Chi 2pm Adults and ZOOM 6pm	3	4 Adults 8:30am Kids 9:30am
5	6 Open Class 6pm Tai Chi 6:45pm	7 Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	9 Tai Chi 2pm Adults and ZOOM 6pm	10	11 Adults 8:30am Kids 9:30am *HAPPY* BIRTHDAY! NICK
12	13 Open Class 6pm Tai Chi 6:45pm	14 Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	Tai Chi 2pm Adults and ZOOM 6pm	17	Belt Test Adults 8:30am Kids 9:30am
HAPPY - FATHER'S	20 Open Class 6pm Tai Chi 6:45pm	21 Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	Tai Chi 2pm Adults and ZOOM 6pm	24	25 Adults 8:30am Kids 9:30am
26	Open Class 6pm Tai Chi 6:45pm	28 Kids 5:45pm Adults 6:45pm	All ages / rank 6pm Adult (continues) From 6:45pm	Tai Chi 2pm Adults and ZOOM 6pm	July 1 st	2 CLOSED

Read the Back!

Monthly Highlights

Summer Challenge # 1 begins June 1st



NEW ADDITIONAL TAI CHI CLASS on Thursdays @ 2:00pm

June 18th Belt Test 10:30 am



Be sure to Check out our website:

www.mastinkarate.com





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