

# February 2023

Create your Harmony  
The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3	4
5	6	7 ★HAPPY★ BIRTHDAY!  Christine	8  Remembering Silpa	9	10	11
12	13	14  	15	16	17	18
19	20 ★HAPPY★ BIRTHDAY!  Ryan	21   NIGHT OF THE NUNCHAKU	22	23	24	25
26	27 ★HAPPY★ BIRTHDAY!  Gabriella	28				

Read the Back!

## Monthly Highlights



Remembering Silpa who passed away last February 8<sup>th</sup>

★HAPPY★  
BIRTHDAY!

Christine, Ryan and Gabby

**PLEASE BRING YOUR NUNCHAKU (NUNCHUCKS) TO CLASS ON FEBRUARY 21<sup>st</sup> 2023**

Thank you to everyone that attended the Sensei Dave Williams Memorial Training

Congratulations to Julie Westrich. Julie was the over all winner of all 3 challenges from last year

**Be sure to Check out our website:**

[www.mastinkarate.com](http://www.mastinkarate.com)



Mastin Dojo



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