

NOVEMBER 2023

Create your Harmony
The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Weapon of the month 	Be thankful for the little things and take time to appreciate them.		1 <div style="border: 1px solid black; padding: 5px; text-align: center;">BRING YOUR FRIENDS</div>	2 Remember O'Sensei Nagamine on this day. 11-2-1997	3	4
5 DAYLIGHT SAVINGS TIME 	6	7	8 <div style="border: 1px solid black; padding: 5px; text-align: center;">BRING YOUR FRIENDS</div>	9 Silpa We miss you	10	11
12	13	14	15 <div style="border: 1px solid black; padding: 5px; text-align: center;">BRING YOUR FRIENDS</div>	16	17	18
19	20	21	22 	23 Tei Happy Thanksgiving Dojo Closed	24	25 Happy Thanksgiving Dojo Closed
26	27	28	29 <div style="border: 1px solid black; padding: 5px; text-align: center;">BRING YOUR FRIENDS</div>	30 OKINAWA TEAM Meeting 7pm	December 1 st	2

Monthly Highlights



REMEMBERING SILPA ON HER BIRTHDAY

DOJO IS CLOSED NOVEMBER 23rd - 25th for the Thanksgiving Weekend



Kayla, Margaret, Teil

OKINAWA TEAM Meeting 7pm (Right after class ends) This is for anyone that is interested in making the trip to Okinawa at the end of October next year to attend the seminar.

Be sure to Check out our website:

www.mastinkarate.com



and

Mastin Dojo



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