

Mastin Dojo Schedule



Program	Rank or Level	Monday	Tuesday	Wednesday	Thursday	Saturday
Open Class	ALL RANK / AGES	6:00pm-6:45pm				
Junior Program Ages 4-12 years old	White -Black Belt		5:45pm-6:30pm	6:00pm-6:45pm		9:30am -10:15am
Adult Program Ages 13 & Up	White -Black Belt		6:45pm-7:45pm	6:00pm-6:45pm	6:00pm-7:00pm	8:30am- 9:30am
ZOOM (ADVANCED ADULTS)					6:00pm-7:00pm	
TAI CHI	All ages & Levels	6:45pm- 7:45pm			2:30pm- 3:30pm	
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Create your Harmony The Nagamine Way





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