

OCTOBER 2024

MastinKarate.Com



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Fitness & Footwork		1	2 BRING YOUR FRIENDS	3	4	5
6 SELF DEFENSE	7	8	9	10 ★HAPPY BIRTHDAY! Griffin	11	12
13	14	15	16	17	18	19
SPARRING WEEK						
20 ★HAPPY BIRTHDAY! Mr. Virgil Kata	21	22 ★HAPPY BIRTHDAY! Adam	23 BRING YOUR FRIENDS	24 ★HAPPY BIRTHDAY! Katelynn & All	25 Board Breaking 	26  ALL STUDENTS BEGIN AT 8:30 AM
27 Basics	28	29 DOJO CLOSED	30	31 DOJO CLOSED	November 1 st	2

Monthly Highlights

This month many of our instructors will be traveling to Okinawa. On October 28th, we will have a limited schedule with Classes on Monday, Wednesday and Saturday. NO KARATE CLASSES ON TUESDAYS or THURSDAYS

Friday, October 25th Special Board breaking class.



Saturday, October 26th 100 Kata Challenge in place of regular class. All students begin at 8:30AM



Griffin, Mr. Virgil, Adam, Ali and Katelynn

Be sure to Check out our website:

www.mastinkarate.com



and

Mastin Dojo



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