February 2025

Create your Harmony The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Kumite	ALL MOTHERS WHO ARE NOT CURRENT STUDENTS' MAY TRAIN FOR FREE THIS MONTH					1
² Basics	3	4	5 BRING YOUR FRIENDS	6	7	8
⁹ Kata	10	11	12	13	14 Happy Valentine's Day	15
¹⁶ Fitness Week	17	18	19 BRING YOUR FRIENDS	20	21	22 BELT TEST
²³ Kumite	24	25	26	27	28	

Read the Back!

Monthly Highlights

Thank you for your support. We had a great turn out to honor Sensei Dave Williams

Remember that special someone on Valentine's Day. (February 14th)

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Be sure to Check out our website:

www.mastinkarate.com





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