

July 2025

Create your Harmony
The Nagamine Way



Mastinkarate.com

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Kumite		1 ★HAPPY BIRTHDAY! Langston	2 ★HAPPY BIRTHDAY! Zoe BRING A FRIEND	3 ★HAPPY BIRTHDAY! Cy / Dar Ron	4 	5 No aClass
6 Kata	7	8	9 BRING A FRIEND	10 ★HAPPY BIRTHDAY! Mr. Wands	11	12 7:30am – Extended Adult Class
13 Basics	14 	15 Remembering O'Sensei Shoshin Nagamine's Birthday ★HAPPY BIRTHDAY! Julie	16 BRING A FRIEND	17	18	19
20 Fitness	21	22	23 BRING A FRIEND	24	25	26
27 Basics	28	29	30 BRING A FRIEND	31		

Read the Back!

Monthly Highlights

DOJO IS CLOSED Saturday, July 5th

Bring a friend (July 2nd, 9th, 16th, 23rd, 30th)

July 12th will be our extended adult class. 7:30am – 9:30am

All ranks are invited. If you are a Brown or Black belt you should attend. Please bring a notebook to take notes.



Langston, Zoe, Cy, Dar, Ron, Julie, Mr. Wands



July 15th Remembering O'Sensei Shoshin Nagamine

Be sure to Check out our website:

www.mastinkarate.com



and

Mastin Dojo



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