



Mastin Dojo Schedule



Program	Rank or Level	Monday	Tuesday	Wednesday	Thursday	Saturday
Open Class	ALL RANK / AGES	6:00pm-6:45pm				
Junior Program Ages 4-12 years old	White -Black Belt		5:45pm-6:30pm	6:00pm-6:45pm		9:30am -10:15am
Adult Program Ages 13 & Up	White -Black Belt		6:45pm-7:45pm	6:45pm-7:30pm	6:00pm-7:00pm	8:30am- 9:30am
ZOOM (ADVANCED ADULTS)					6:30pm-7:30pm	
Black Belt Class (2nd Saturday of the month)						7:30am
TAI CHI	<i>All ages & Levels</i>	<i>6:45pm- 7:45pm</i>			<i>2:30pm- 3:30pm</i>	

**Create your Harmony
The Nagamine Way**

Phone: 513-265-2340

E-mail:
mastinkarate@gmail.com



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Mastinkarate.com