



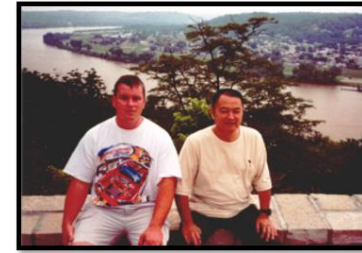
AUGUST 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Basics						1
2 Fitness	3	4	5 BRING A FRIEND	6	7	8 7:30am – Extended Adult Class
9 Kumite	10	11 BRING A FRIEND	12 8/12/1945 Remembering Soke Nagamine On his date of birth	13	14	15
16 Kata	17	18 BRING A FRIEND	19	20	21 ★HAPPY★ BIRTHDAY! Quincy	22
23 Basics	24	25	26	27	28	29
30 Kumite	31	SEPTEMBER 1 st	2	3	4	5

Monthly Highlights

With School starting back, please help us grow.

We would like to remember Soke Nagamine on his Birthday August 12th, 1945



August 8th will be our extended adult class. 7:30am – 9:30am

All ranks are invited. If you are a Brown or Black belt you should attend. Please bring a notebook to take notes.

★HAPPY★
BIRTHDAY!

Quincy

Be sure to Check out our website:

www.mastinkarate.com



and

Mastin Dojo



Cell: 513-265-2340
E-mail: mastinkarate@gmail.com